DATES FOR YOUR DIARY
(please see Skoolbag for further details and copy of notes)

Term 4 - 2015

14 Nov Kitchen/ Garden Spring Market Day

Week 8

23 Nov Yr 3 Intensive Swimming daily to 4 Dec
24 Nov Yr 6 Parent Information Night
25 Nov League Tag & Rugby League Gala Day

Week 9

30 Nov Canteen Christmas Thank you Lunch
2 Dec Yr 6 Performance “Willy Wonka”
3 Dec Yr 6 High School Orientation Day
4 Dec Medallion Assembly

Week 10

7 Dec Choir & Band performance-Barclay Gardens
8 Dec Presentation Assembly
  Yr 6 Parent/Student Q&A Time
10 Dec School reports home
  Yr 6 Graduation Night
11 Dec K-2 Concert
  Stage 2 Picnic Day - Movies

Week 11

15 Dec Stage 2 Performance
  Parent Helper Morning Tea
16 Dec Yr 6 Adventure Land Excursion
  Yr 6 Farewell Arch
  Last day of school for 2015

Principal’s / Deputy Principals’ Report

Congratulations Camden - Spelling Bee Excellence
Congratulations to Camden C from Year 4 who came 5th in the state for the Premier’s Spelling Bee competition. He travelled to Sydney with his family to participate in this competition.

Well done Camden, we are proud of you.

Remembrance Day Ceremony
On Tuesday we held our annual Remembrance Day assembly. Our team of school councillors did a great job of running the event. All students looked wonderful wearing their red poppies as a sign of respect. Thank you to our special guests for attending on the day.

Padre Daryl Moran
Mr Frank Brady (RSL President)
Mr Graham Kernick (RSL Secretary)
Mr Roly Kinnear (Korean Veterans Association)
Mr Bob Russell (NASHOS Secretary)
Mr Keith McNeill (NASHOS President)
NASHOS (National Servicemen’s association)
Aunty Donna
Nerida Ingram

Our School councillors with special guests

2016 School Councillor Nominations
I would like to congratulate all the children that have been nominated for School Councillor next year. Just to be nominated is an absolute honour. It means that these children are respected and revered amongst their peers and they should feel very proud of this. The girl nominees are Lucy B, Abbey C, Nerys D, Claire D, Makaylah D, Taylah H, Taylor H, Perla P, Cassidy R, Ruby W, Evie W and Amalia W.

Students not returning in 2016
Our staffing allocation is based on our enrolment, it is extremely important that you let the school know, in writing before Friday 20 November 2015, if your child will not be continuing their education at Forster Public School in 2016 (2015 Year 6 excluded). Please disregard this notice if you have already made contact with the school. If you are taking an extended vacation please inform the school in writing of the date your children will be returning to school.

Student Invoices - Urgent
I would ask that any outstanding amounts be cleared as a matter of urgency. We have sent home two reminder notices to date. If you are having trouble paying your invoice, contact Mr Clissold on 6555 6766.

Principal’s / Deputy Principals’ Report
Rick Clissold  Principal
Narelle Kessey  Deputy Principal
David Graham  Deputy Principal

Support Unit
Our Year 3 to 6 students have returned from a wonderful 3 day camp at Happy Hallidays Holiday Park. Everyone had a fun packed three days bushwalking, swimming, playing mini golf, jumping on the jumping pillow, watching movies and enjoying each other’s company. The students stayed in cabins with their friends, where they were responsible for their belongings and some of their own food preparation. Below are some pictures of the two camps.
Our wonderful K – 2 concert will be on 11 December 2015. Some Kindergarten teachers have already sent home notes in relation to this. If you are able to help with some sewing please let Ms Dupen know. It is a really exciting process for Kindergarten students to go through and a wonderful way for all the children to celebrate a fantastic year.

Mrs Holm on Leave
Mrs Holm will be on leave from Friday 20 November 2015 until Monday 14 December 2015. Miss Breese will be teaching K24 during this time. We can assure all K24 parents that Miss Breese will do an excellent job of maintaining class programs.

Home Reading
Please continue home reading with the children. They are all making such excellent progress and we want them to do as well as they possibly can before the end of the year.

Healthy Kids
Our children’s health is so important. Their physical, mental, emotional and spiritual health are all interlinked. What they are eating, how much sleep they are getting, how much physical activity they are getting, how happy and strong their relationships are, are all equally important in order for our children to develop into happy, healthy, clever and well adjusted people. Below is a link to a great web site that provides lots of different information about childrens' health.

http://www.healthykids.nsw.gov.au

We only have a few weeks to go. Enjoy the lead up to the Christmas season with your beautiful children. Embrace every moment.

Francoise Dupen
Assistant Principal
“Children Make Your Life Important”

Stage 1

Swimming
Over the last two weeks Year 2 students went over to the YMCA for ten days to complete the school swimming scheme. It was not always the most perfect conditions for the swimmers but not once did I hear a whinge. I am so proud of Forster Public School’s behaviour, efforts and accomplishments that they made. It was so wonderful to see that in only two weeks the students grew so much in skill. Congratulations!

Early Action for Success
Celebrating “Early Action for Success” (Melanie Ward – Intervention Teacher for Early Action for Success)

Throughout the year, I have been working with Year 1 students to improve the quality of their reading and writing. During Term 3 and 4, a special focus has been made on improving writing and it has been a challenge, on occasion, to keep children enthusiastic about writing and having to come up with new ideas and topics to write about.

We recently read a levelled reader as a group, called “The Monster Under My Bed”, which did not have a great deal of text, but included a number of tricky words that required children to use all their reading strategies to decode. They enjoyed the text, but they enjoyed the associated writing task even more. They had to come up with their idea of a monster that they would not want to find under their bed. We talked about what it would look like, where it would live and how it would behave. Then the students wrote their pieces.
The following four pieces are some of the examples of some great descriptive texts that the students have worked hard to draft, edit and publish, and we would like our school community to celebrate their achievement as they have worked hard this year to grow in their skills as accomplished writers.

**Monsters by Max (1/20)**
I do not want to find a monster under my bed. Not one with a skinny body and sharp teeth down to his chins. He is black and his eyes are green. I think he eats trees and sticks and poo and boogers. He lives in a cave and his playground is the sewer. He likes dark places.

**Monsters by Lyrikah (1/20)**
I do not want to find a monster under my bed. Not one that eats kids. He has sharp teeth and long teeth and claws. It is fat and ugly. He is colourful. I think he lives in the bush but he had no food. So he might have come to my home so he can get some food.

**Monsters by Brody (1/20)**
I do not want to find a monster under my bed. Not one that has sharp claws and floats through the air leaving a trail of stink behind it. I think he lives in the sewers where it is dark and wet. He eats cats and dogs.

**Monsters by Oliver (1/20)**
I do not want to find a monster under my bed. Not one with very sharp teeth down to his chin. He has a skinny belly and fat hands and eyes that are red. He has hair like fire on his head. I think it eats baddies and robbers, sticks and trees and it drinks salt water out of an old beer bottle.

Lynelle Patterson
Assistant Principal

---

**Stage 2**

**Year 3 School Swimming Scheme**
The School Swimming Scheme for all Year 3 students will be held in Term 4 at the Great Lakes Aquatic Centre.

The scheme will continue daily for two (2) weeks from Monday 23 November 2015 until Friday 4 December 2015.

Please note: Pool entry will cost $3.00 per day, unless your family is a Gold Card Member when costs will be NIL. Total cost for the 10 days will be $30.00. There is no cost for the lessons.

Permission notes have gone out to all Year 3 students. If your child has misplaced their note, please ask their class teacher for a replacement note.

Please ensure your child avails themselves of this opportunity and takes advantage of these free lessons to acquire this important Life Skill. Your child MUST attend these classes. Please contact me if you need to discuss this matter.

---

**Premiers Spelling Bee**
This week, Camden in 4/12 went to Sydney to participate in the final of, ‘The Premier’s Spelling Bee.’

We are very proud of Camden for representing our region and are pleased to announce that he achieved a 5th placing in the State. Well done on an outstanding achievement.
End of year Picnic Day
Once again, Stage 2 are hoping to have an outing at the movies to end off our eventful year. This event will be held on Friday 11 December. Once this has been organised and movies to be seen finalised, a note will be sent home with all the details. The cost will be similar to last year’s price which includes bus fare, entry into the movies and a treat when we are there. (popcorn and water / lolly cup and water).

Anne Evans
Assistant Principal

Stage 3
Orientation Day
Reminder that all Year 6 students wishing to attend Great Lakes College Forster Campus and Tuncurry Campus in 2016 will be attending a High School Orientation Day on 3 December. A permission note will come home soon.

Photo Order
An envelope has been sent home to the Year 6 students to purchase a copy of the ‘Whole Year 6 Folder’. If you wish to order a photo folder, the envelope needs to be completed with the money included and returned to school by Thursday 19 November as order will be sent away on Friday 20 November. Please contact A-One Fotomakers on 4954 0499 if you have any questions.

Reports
These will be sent home with children on Thursday 10 December.

Year 6 Farewell
The Year 6 Farewell will be held on Thursday 10 December. The cost for the Year 6 students will be $25. Grade 5 students are also invited to the dance at this farewell. Notes will be sent out in due course.

I would like to mention now that it is very important that the children dress simply in smart age appropriate clothes and have simple and age appropriate hair styles for the Farewell. It is important to remember that this is not a Year 12 Formal and therefore we don’t expect elaborate arrangements such as children arriving in limousines being organised.

Parent Information Night
A Parent Information Night will be held at Forster Campus on Tuesday 24 November at 6pm for Year 6 students entering Great Lakes College Forster Campus in 2017. Additional information will be sent home in the near future.

Year 6 Performance
All the Year 6 students and teachers have been working extremely hard in the lead up to their performance, ‘Charlie and the Chocolate Factory’ to be held on Wednesday 2 December.

DVDs will be for sale at a cost of $25. Order forms will be given out in the coming weeks if you would like to pre-order a copy.

Student Councillor Elections
We have a terrific group of students that have been nominated for School Councillor positions next year. They have been busy writing their speeches and getting their posters up around the school. The girls will be presenting their speeches on Wednesday 18 November and the boys will be on Thursday 19 November. Students from Grades 3 to 5 will be voting. The children have been conducting themselves with pride, integrity and enthusiasm. Good luck to all the students!

Last Day of School for Year 6
The Year 6 End of Year Party has been organised to take the children to Adventure Land (the old Ton of Fun). It will take place on the last day of school, Wednesday 16 December and it will cost $25. Notes will be sent home in due course. The children will return to school at approximately 2pm for their final presentation and the Farewell Arch.

An arch will be formed for the children at about 2.30pm. Prior to that there will be a small presentation for the children in the MPC.

Important Dates:

Week 7
- Election of Student Councillors for 2016

Week 8
- Year 7 High School Information Evening (24 Nov at FHS)

Week 9
- Year 6 Performance (2 Dec)
- High School Orientation Day (3 Dec)
• Stage 3 Mathematics Super Sleuth Maths (4 Dec)
• Medallion Assembly (4 Dec)

Week 10
• Presentation Assemble (8 Dec)
• Year 6 Farewell (8 Dec)
• Reports to go home (10 Dec)

Week 11
• Class Celebrations (16 Dec)
• Year 6 - Adventure land (16 Dec) / Farewell arch
• Last day of school

Enjoy the next few weeks and the long warm days.

Katrina Pettet
Assistant Principal

Bounce Back!

For the past few weeks students at Forster Public School have continued to explore the topic of No Bullying. Students in the primary have been discussing the concept of our school being a ‘No Put-Down Zone’. We have focussed on what put-downs sound like, look like and how they make you feel. We challenge everyone to make sure that our homes are ‘No Put-Down Zones’!

Lisa Lacey & Laura Chapple
Bounce Back Team

Sport

Rugby League & League Tag
The seven aside and League Tag game that was postponed from Term 1 will be played on Wednesday 25 November. The children have received their notes and Mr Maher has all organisations underway.

Have a great time, play well and most importantly have fun!

Cricket
The boys will play their next game against Telarah Public on Tuesday 17 November at Lake Street Oval. The winner of this game will travel to Newcastle to play The Junction. Best wishes boys, have a great game.

Paula Drew
Sport Organiser

Library
Our stocktake is now well and truly underway. We have had many overdue books return home to us, but there are still a lot of books out there to be returned. Please return any library books you may still have at home, as the classes who have no outstanding books get a little treat.

Reminders for 2016: All students who wish to borrow books will require a cloth library bag (these may be as simple as a reusable Woolies/Coles bag, or even a pillowcase). Ensure names are clearly written on the bag to avoid any loss of books, and any overdue notices.

Next year, students will be able to borrow the following number of books:

Kindergarten - ONE book ONLY. Due back the following week.
Years 1 & 2 - TWO books. Due back the following week.
Years 3 & 4 - THREE books. Two can be taken home, one left in the classroom for reading time. Due back in 2 weeks.
Years 5 & 6 - FOUR books. Three can be taken home, one left in the classroom for reading time. Due back in 2 weeks.

Books can be renewed up to 5 times.

Congratulations to the following classes for being the first to hand in all library books:
K-3/28 (Mrs Nesbitt)
1-4/27 (Mrs Lutherborrow)

Those two classes will enjoy a special surprise in the library in the coming weeks.

Kellie Eggins
Librarian
P & C

In the next few weeks we will be sending out our annual Christmas Raffle tickets. You will be amazed at the prizes to be won, so keep an eager look out.

Lee Caithness
President

Community News

PORT MACQUARIE TRIATHLON CLUB
Enriched Health Care-
CAMDEN HAVEN TRIATHLON FESTIVAL
21st and 22nd of November 2015

For entry forms and fees visit www.portmactriclub.com.au
or contact Nathan Pensini on 0402068186

Saturday 21st of November
1km ocean swim –12pm (15y/o and over)
LUSC junior aquathlon (6-10 yr olds) and triathlon (11- 15 yr old) – From 1pm
A bike to be won as a random prize

Sunday 22nd of November- 7am start
Enriched Health Care senior triathlon –600m swim/28k bike/6.5km run
Over $3000 combined in prize money and random draw prizes
**Good for Kids**

**Tips to Encourage Drinking Water**

We all know that water is the best drink for children; however, sometimes it can be difficult to persuade them to choose water over sugary drinks.

Here are some tips to encourage water intake:

- Always have water available and accessible, e.g., have a jug of water in the fridge or provide bottles of water for outdoor play.
- Remove temptation by not storing sugary drinks such as soft drink in the house.
- Keeping water cool or using a water filter may better suit your child's taste.
- Try flavouring the water with lemon or lime slices. You can even add herbs such as mint.
- Explain to your child why it is important to stay hydrated and why water is the best choice.

---

**Good for Kids good for life**

**Active as a Family**

Busy lives and long work schedules can mean that many families spend time apart during the week and exercise on their own.

Here are some ways to connect as a family, revive energy levels and feel fit and healthy:

- A simple walk after dinner.
- Join an all-ages group like a fun run or cycling group.
- Play touch football or cricket in the backyard on weekends.
- Go for a hike or bike ride around local walking tracks.
- Spend the day at the beach or your local swimming pool.

---

**Support WHITE RIBBON DAY by participating in the WHITE RIBBON WALK Sunday 29th Nov 2015**

The White Ribbon Walk is a FREE Community event to raise awareness about ‘White Ribbon Day’ - The International Day for the Elimination Of Violence Against Women.

8am Registrations & gathering at the park
   BBQ Breakfast provided
   Swearing of the White Ribbon Oath

9am White Ribbon Walk
   Walk starts & finishes in Lone Pine Park, Tuncurry, over bridge into Forster, along Memorial Drive & Wharf Street, then back over the bridge to return to Lone Pine Park.

**REGISTRATIONS ESSENTIAL**

You can register at the Forster Neighbourhood Centre, 1 Coral Avenue Tuncurry.

Or on the day from 8am at Lone Pine Park in Tuncurry.

Registration forms can also be downloaded from www.hnc.org.au

Enquiries to Karina on (02) 65554351

The 2km walk is suitable for all fitness levels & is pet friendly.

To participate please wear a white T-shirt, a hat & sun screen.

Proudly sponsored by

**GREAT LAKES DOMESTIC VIOLENCE MONITORING COMMITTEE**

supported by FORSTER NEIGHBOURHOOD CENTRE

& the Department of FAOC

(Local Domestic & Family Violence Committee Grants)
SAVE THE DATE!

WINTER MARKET & Car Boot Sale

Saturday 14th November
Forster Public School Oval
8am - 12noon

Loads of Market Stalls, Car Boot Stalls, Coffee and Food stalls, Produce, Music as well as great entertainment for the kids.

Bring the family along for breakfast or lunch, bag a bargain and have a great day out.

To book a Market or Car Boot Site or for more information please contact
TRINA on 0431420366 or email patrina.smith3@dot.nsw.edu.au